



# School of Performing Arts

UNIVERSITY OF CENTRAL FLORIDA

MUSIC  
THE JAZZ PROFESSORS "SLIDING HOME"  
WITH MARK BUSELLI  
TUESDAY, JAN 16

FLYING HORSE BIG BAND CONCERT  
FRIDAY, FEB 9

THEATRE  
PENTECOST  
BY DAVID EDGAR  
JAN 25-FEB 4

BOY GETS GIRL  
BY REBECCA GILMAN  
FEB 22-MAR 4

CLINICS  
4<sup>TH</sup> ANNUAL PIANO DAY  
WITH JOSE LOPEZ  
SATURDAY, JAN 13

28<sup>TH</sup> ANNUAL CLARINET DAY  
WITH ROBERT SPRING  
SATURDAY, FEB 17

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## from LETTER BOX the editor

# 2018: Live in the Moment

A new year with new resolutions, including a few I may actually keep. One such pledge is to be more observant and soak in my surroundings — cell down, eyes up. Sadly, this actually takes practice and commitment. Look for the details. It seems that most of us live in the past or the future, not the present. Why is this so difficult? Is it that we've become so "busy" that just being is not acceptable? I've recently banned the word "busy" from my vocabulary. I now say "full." My life is full and gratefully so. If we are living in the moment we can show empathy, learn and truly experience all that surrounds us. What I have gleaned from reading many articles on the subject is that it comes down to five skills: Be more curious, improve your self-awareness, watch people, ask why and observe body language. Some of the most successful comedians, artists and storytellers do all of these things exceptionally well.

In this issue, we feature a story on the true art of observation. In "Sketch to Reality" (pg. 16), we highlight the talents of the Disney Imagineers. New attractions are the result of their observations. The most minor details are captured with the end result mirroring the original. Perhaps number six on the skills list should be carrying around a sketch pad, or a journal for those of us lacking the artist gene.

Here's to taking in the scenery in 2018 and keeping at least a few of those resolutions!

Cindy Bowman LaFronz  
Editor  
*Orlando Arts Magazine*



PHELEAN M. EBENHACK